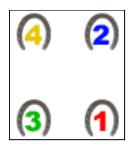# Gaits

USPC D Manual 2nd Ed., p.250-252

Name: _____   Date: _____
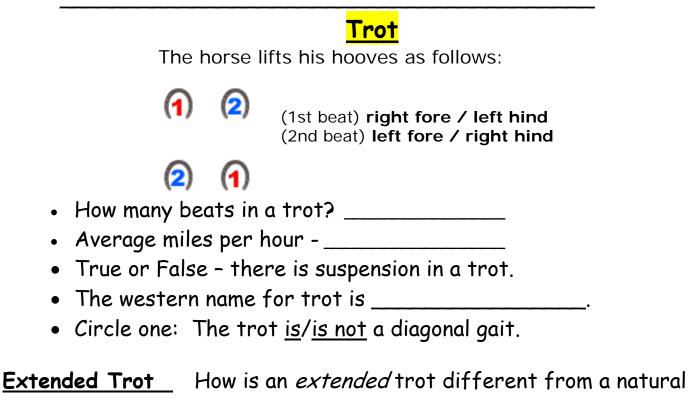
Walk

The horse lifts his hooves as follows:

(1st beat) **right hind leg**
(2nd beat) **right fore leg**
(3rd beat) **left hind leg**
(4th beat) **left fore leg**

- How many beats in a walk? _____
- Average miles per hour - _____
- True or False – there is suspension in a walk.

Extended Walk

How is an extended walk different from a natural walk?

_____

Trot

The horse lifts his hooves as follows:

(1st beat) **right fore / left hind**
(2nd beat) **left fore / right hind**

- How many beats in a trot? _____
- Average miles per hour - _____
- True or False – there is suspension in a trot.
- The western name for trot is _____.
- Circle one: The trot is/is not a diagonal gait.

Extended Trot   How is an *extended* trot different from a natural trot?   _____

Pace Trot   What is a pace trot? _____

Canter

The horse lifts his hooves as follows:

The **Right**-Lead Canter:

(2) (3)

(1st beat) **left hind leg**
(2nd beat) **right hind / left fore**
(1) (2)   (3rd beat) **right fore leg**

(3) (2)   The **Left**-Lead Canter:

(1st beat) **right hind leg**
(2) (1)   (2nd beat) **left hind / right fore**
(3rd beat) **left fore leg**

- How many beats in a canter? _____
- Average miles per hour - _____
- True or False – there is suspension in a canter.
- The western name for canter is _____.
- Circle one: The canter is/is not a diagonal gait.

Gallop

The horse lifts his hooves as follows:

(3) (4)   The **Right-Lead** Gallop:

(1st beat) **left hind leg**
(1) (2)   (2nd beat) **right hind leg**
(3rd beat) **left fore leg**
(4th beat) **right fore leg**

The **Left**-Lead Gallop:

(4) (3)
(1st beat) **right hind leg**
(2nd beat) **left hind leg**
(2) (1)   (3rd beat) **right fore leg**
(4th beat) **left fore leg**

- How many beats in a gallop? _____
- Average miles per hour - _____
- True or False – there is suspension in a gallop.
- Circle one: The gallop is/is not a diagonal gait.
- What is a "hand gallop"? _____